SCHWINN

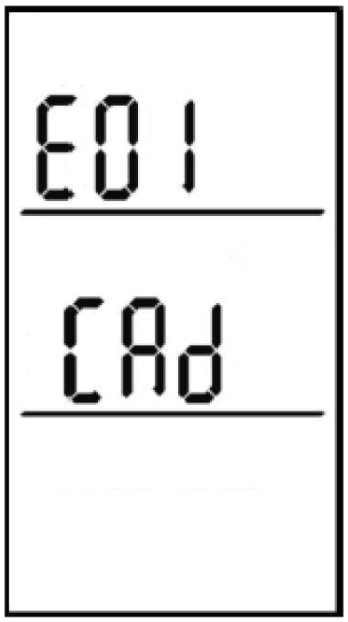
Core Health & Fitness

Cadence Pro for SC/IC Classic

INSTALL MANUAL

Pair Sensor + Computer

1. Begin with one battery removed from the computer.

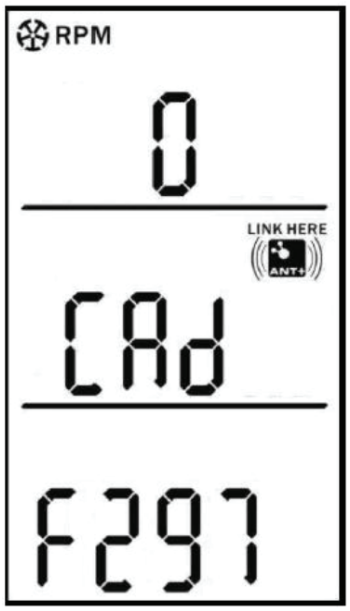


2. Insert the battery while pressing and holding any of the four buttons on the front of the computer. The display will now show the maintenance screen.

3. Press the Set button (✳) and"CAD" should be displayed in the middle readout and "E01" in the top readout.

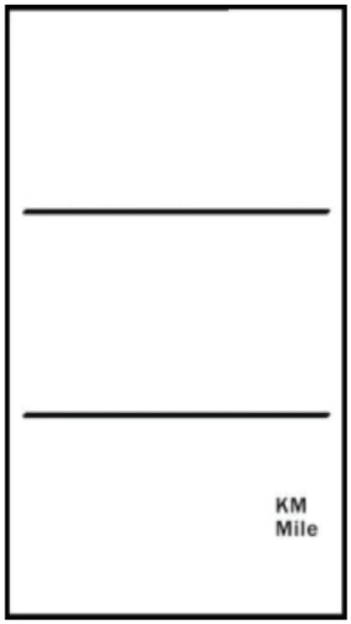
4. Press the Set button (✳) again, which will show CAD in the middle display, 0 in the top RPM display and 0000 in the bottom display.

NOTE: While the bottom display may already show the pairing code, this procedure should still be completed



5. To pair automatically, press the Mode button(≋) The 4-digit alpha-numeric code should match the code on the side of the cadence transmitter and the back of the computer

6. If needed, a manual pairing can be done by pressing and holding the Mode button (≋). The first digits of the 4 digit code (0000) should be flashing. Adjust the digit using the up (►II/▲) or down (♀/▼) button.
7. Press the Set button (✳) after each digit has been paired to the transmitter.



8. Press the Set button (✳) and select distance in kilometers (KM) or miles by using the up (♀/▼) or down (►II/▲) button

9. Press the Set button (✳) to finish and begin exercise.

NOTE: Once the pairing has been completed, the code is stored in the on-board memory so that the code is retained during a battery change, avoiding the need to re-pair.

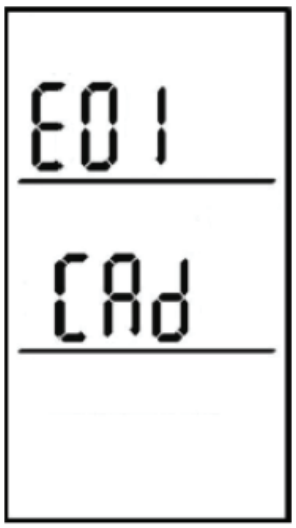
Setting Gear Ratio

1. Begin with one battery removed from the computer.

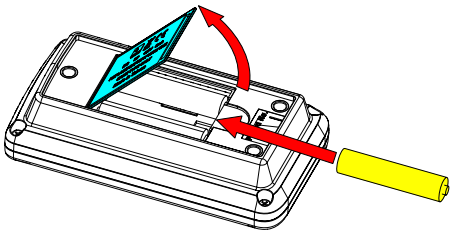
2. Insert the battery while pressing and holding any of the four buttons on the front of the computer. The display will now show the maintenance screen.

3. Press the Set button (✳) three times and "GrAtio" should be displayed in the middle readout. The currently selected gear ratio should be blinking in the lower readout.

4. Use up (►II/▲) or down (💡/▼) to select the 1:3.2 gear ratio then press Set (✳) to confirm selection.



5. After pairing AND setting the gear ratio, install the 3rd battery and reinstall the battery cover.

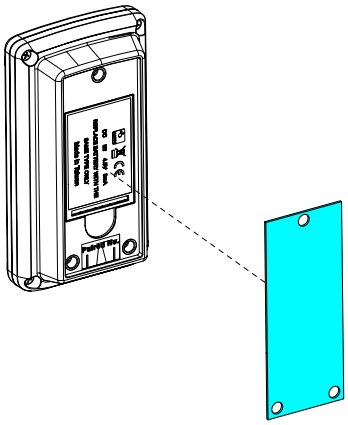


SC5 + SC7

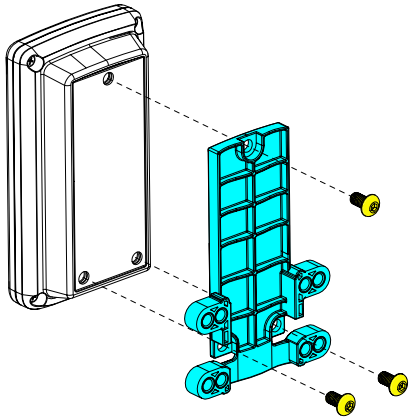
Tools Required:

- 3mm Allen Key
- #2 Phillips Screwdriver

1. Install the silicone seal onto the back of the Cadence Pro computer. Ensure that the holes in the seal line up with the screw holes of the computer.

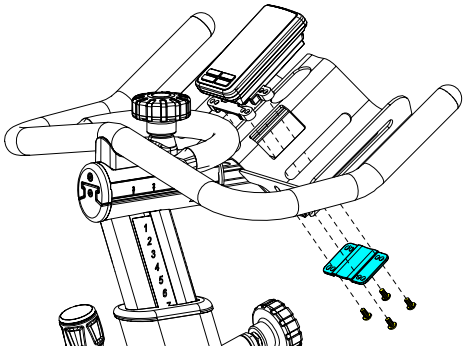


2. Use a #3mm allen key to secure the back plate of the mount to the computer using three (3) M5 x 10mm screws.

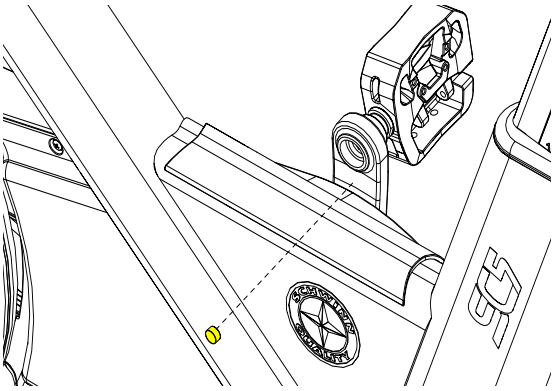


3. Use a 3mm allen key to secure the computer to the handlebars using four (4) M5 x 10mm screws.

NOTE: While the image right shows an SC5, the computer mounts to the SC7 in the same way.

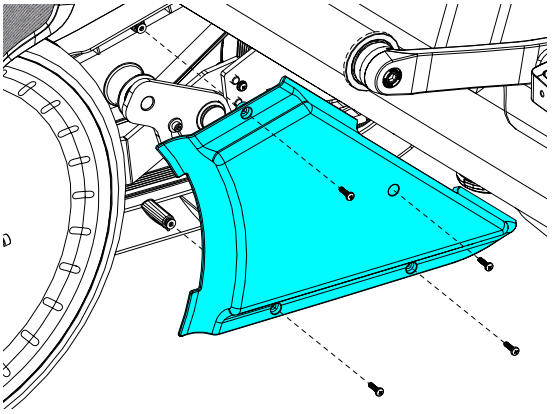


4. Mount the magnet on the user right crank arm approximately where shown. **Do not secure the magnet in place yet at this point with the magnet holder.** Only secure the magnet in place once the magnet and sensor positions have been set in close enough proximity to verify that the computer is displaying an RPM reading - See Step 8.

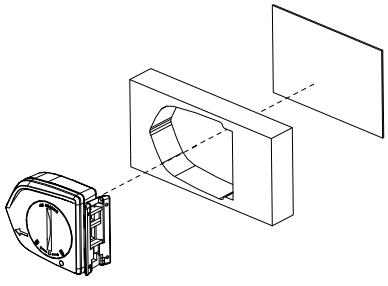


NOTE: There are two sizes of magnets included in the kit. One is 5mm thick and one is 3mm thick. Depending on the model of bike and the amount of clearance between the crank arm and chain/belt guard, install may require the use of the thinner 3mm magnet.

5. Use a #2 phillips screwdriver to remove the left side chain/belt guard.



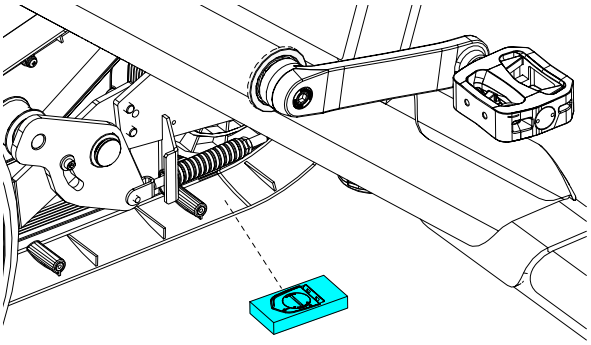
6. Install the RPM sensor into the foam mounting block then remove the backing.



7. Use the included alcohol wipe to clean the area where the RPM sensor is installed.

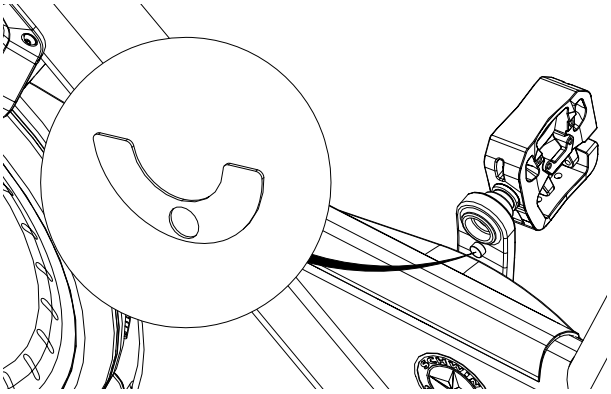
8. Stick the RPM sensor, battery side out, onto the user right side chain/belt guard where shown (image right).

9. Verify that the sensor is communicating with the computer and reading RPMs by spinning the crank arms. Adjust the position of the magnet on the user right crank arm if needed.



10. Once the sensor is confirmed to be reading the RPMs, apply the magnet holder to the magnet from Step 4 to lock the magnet into position.

11. Reinstall the user left chain/belt guard.



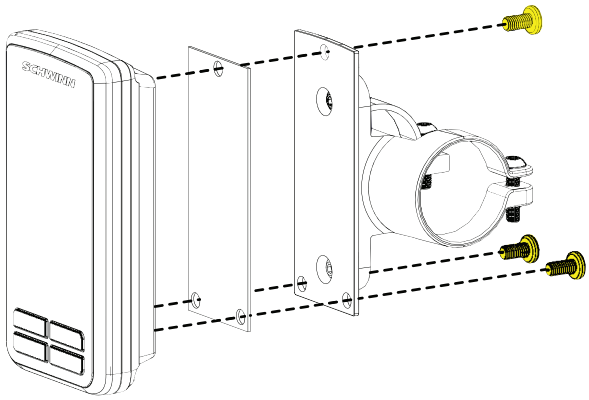
IC Classic

Tools Required:

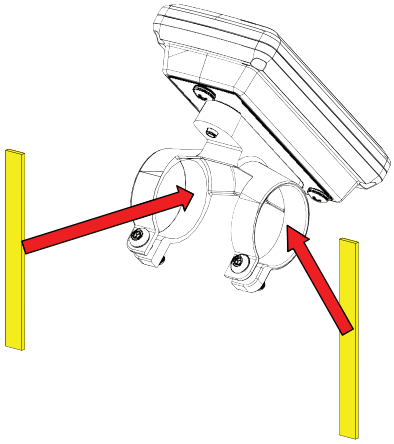
- 3mm Allen Key
- #2 Phillips Screwdriver

1. Install the silicone seal onto the back of the Cadence Pro computer. Ensure that the holes in the seal line up with the screw holes of the computer.

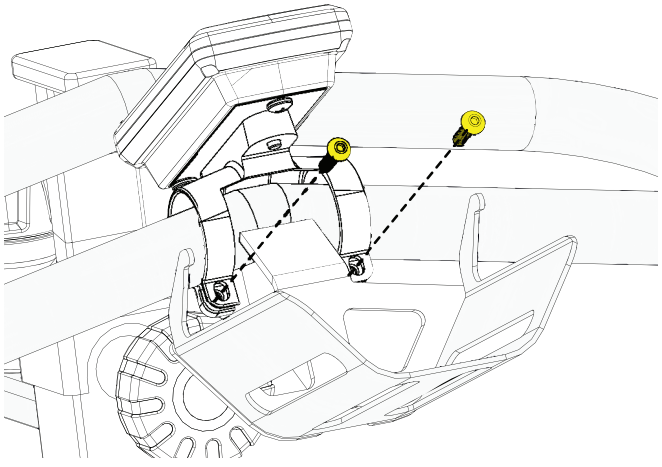
2. Use a #2 phillips screwdriver to secure the back plate of the mount to the computer using three (3) M5 x 10mm screws.



3. Install the rubber pads onto the inside of the clamps on the mount.

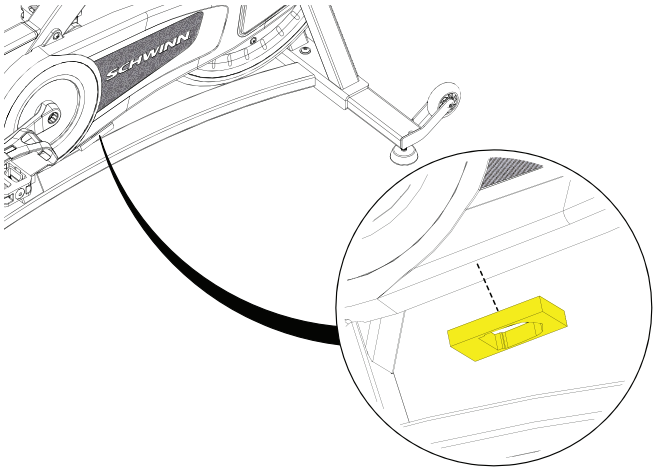


4. Use a #3mm allen key to secure the back plate of the mount to the computer using three (3) M5 x 10mm screws.

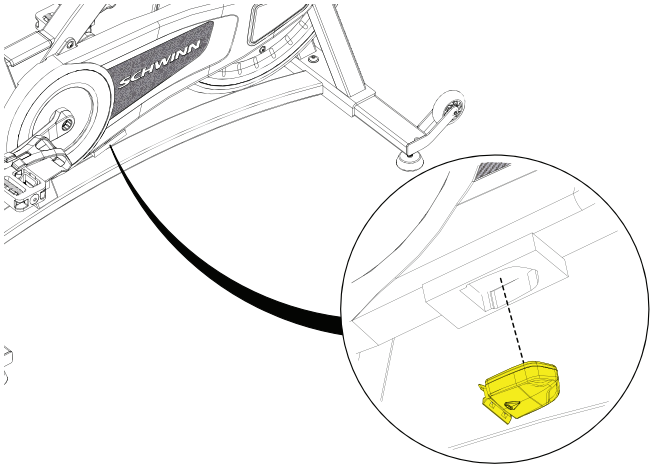


5. Use the included alcohol wipe to clean the area where the RPM sensor is installed.

6. Stick the RPM sensor holder onto the underside of the chain guard where indicated (right).



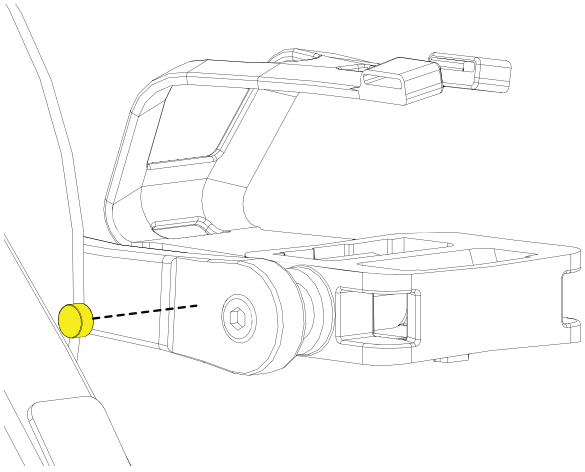
7. Install the RPM sensor, battery side down, into the sensor holder.



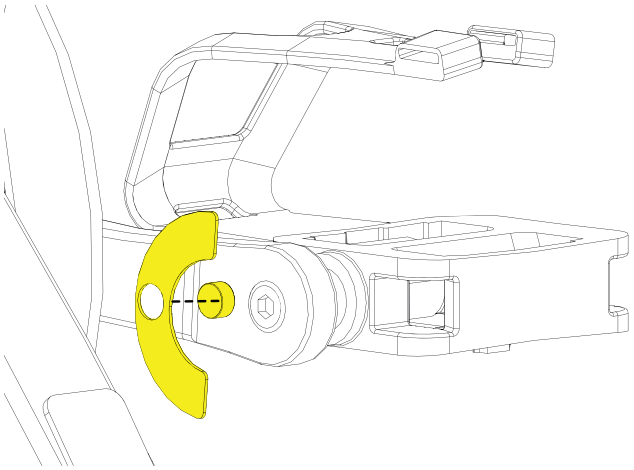
8. Apply the magnet to the right crank arm where indicated (right).

9. Verify that the sensor is communicating with the computer and reading RPMs by spinning the crank arms. Adjust the position of the magnet on the user right crank arm if needed.

NOTE: There are two sizes of magnets included in the kit. One is 5mm thick and one is 3mm thick. Depending on the model of bike and the amount of clearance between the crank arm and chain/belt guard, install may require the use of the thinner 3mm magnet.



10. Apply the magnet holder to the magnet from Step 8 to lock the magnet into position.



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